

Abbotsford School District International Student Program

INTERNATIONAL STUDENT HEALTHCARE GUIDE

MEDICAL EMERGENCIES

- Call **911** for life-threatening emergencies.
- Go to the nearest Emergency Department for serious illness or injury.
- 📍 Abbotsford Regional Hospital: 32900 Marshall Road, Abbotsford

NEED CARE TODAY?

URGENT BUT NOT EMERGENCY

ABBOTSFORD URGENT AND PRIMARY CARE CENTRE (UPCC)

- 📍 #100-2692 Clearbrook Road, Abbotsford
- ☎ 604-870-3325
- 🕒 Open daily: 9:00 a.m. to 8:00 p.m.
- ✅ Best for: infections, cuts, burns, minor injuries, worsening illness

NON-URGENT MEDICAL CARE

GLENN MOUNTAIN MEDICAL CLINIC

- 📍 #104-2596 McMillan Road, Abbotsford
- ☎ 778-314-1194
- 🕒 Open Monday to Friday: 9:00 a.m. to 3:00 p.m.
- ✅ Best for: minor illness, health advice, follow-up appointments

SAME-DAY WALK-IN CARE

NEWGEN MEDICAL CLINIC

- 📍 #103-2493 Montrose Avenue, Abbotsford
- ☎ 604-621-0841
- 🕒 Open Monday to Friday: 9:00 a.m. to 4:00 p.m.
- ✅ Best for: same-day medical concerns, minor illness, and family practice care.

TLC MEDICAL CLINIC (MISSION)

- 📍 #201-32818 7th Avenue, Mission
- ☎ 604-286-0222
- 🕒 Open Monday to Friday: 9:00 a.m. to 4:00 p.m.
- ✅ Best for: same-day medical concerns, minor illness, and non-urgent medical care when there are no appointments available in Abbotsford.

NOT SURE WHERE TO GO?

HEALTHLINK BC (811)

- Call 811 for free health advice from a registered nurse.
- Available 24 hours a day, 7 days a week.
- Translation services are available in many languages.
- Can help you decide whether to visit a clinic, urgent care centre, or emergency room.

This guide is intended for non-emergency medical care. In a medical emergency, call 911 immediately.

NEED A DOCTOR ONLINE?

BEFORE BOOKING AN APPOINTMENT:

- Students who have been in BC for longer than three months are usually covered by MSP. Check your insurance card to confirm your coverage.
- Newly arrived students are covered by StudyInsured.
- Have your BC Services Card or StudyInsured card available when booking.
- If you are unsure where to go for medical care, please contact the International Program Office at international.medical@abbyschools.ca or 604-851-4585.

VIRTUAL HEALTHCARE SERVICES FOR STUDENTS WITH STUDYINSURED

MAPLE

-  Phone, video, or online chat appointments.
-  Covered by StudyInsured
-  Services: Medical consultations, prescription renewals, referrals, sick notes, and follow-up care.
- [Register for Maple](#)

VIRTUAL HEALTHCARE SERVICES FOR STUDENTS WITH MEDICAL SERVICES PLAN (MSP)

TIA HEALTH

-  Phone or video appointments.
-  Free with BC MSP.
-  Services: Medical consultations, prescription renewals, referrals, sick notes, and follow-up care.
- [Book an Appointment with TIA Health](#)

VIVA CARE

-  Phone or video appointments.
-  Free with BC MSP.
-  Services: Medical consultations, prescription renewals, lab result reviews, referrals, and follow-up care.
- [Book an Appointment with Viva Care](#)

TELEHEALTH BC

-  Phone or video appointments.
-  Free with BC MSP.
-  Services: Medical consultations, prescription renewals, referrals, sick notes, and follow-up care.
- [Book an Appointment with Telehealth BC](#)

CLOUDMD

-  Online appointments from home.
-  Free with BC MSP.
-  Services: Medical consultations, prescription renewals, referrals, sick notes, and follow-up care.
- [Book an Appointment with CloudMD](#)

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